



Listing of MPO and TMA Areas

Metropolitan Planning Organizations

Projects located within a Metropolitan Planning Organization (MPO) area applying for Transportation Alternatives Program (TAP) funds, require an endorsement from the local MPO. The MPO's are regional planning agencies responsible for developing a transportation plan providing for the development, integrated management, and operation of transportation systems and facilities for the urbanized area they represent.

If the proposed TAP project is selected for funding, the MPO must approve its addition into their local Transportation Improvement Program (TIP) before federal funds can be made available.

Below is a listing of the Metropolitan Planning Organizations and the urban localities they represent:

Blacksburg-Christiansburg-Montgomery Area MPO – (540) 394-2145

- Blacksburg
- Christiansburg
- Part of Montgomery County

Bristol MPO – (423) 989-5500

- Bristol
- Part of Washington County

Charlottesville – Albemarle MPO – (434) 979-7310

- Charlottesville
- Part of Albemarle County

Danville MPO – (276) 638-3987

- Danville
- Part of Pittsylvania County

Fredericksburg Area MPO – (540) 373-2890

- Fredericksburg
- Spotsylvania County
- Stafford County

Hampton Roads MPO – (757) 420-8300

- Chesapeake
- Hampton
- Newport News
- Norfolk
- Portsmouth

- Poquoson
- Suffolk
- Virginia Beach
- Williamsburg
- James City County
- York County
- Part of Gloucester County
- Part of Isle of Wight County

Harrisonburg-Rockingham MPO – (540) 885-5174

- Harrisonburg
- Part of Rockingham County

Kingsport MPO – (423) 229-9400

- Kingsport
- Part of Scott County

National Capital Region Transportation Planning Board – (202) 962-3200

- Alexandria
- Fairfax
- Falls Church
- Manassas
- Manassas Park
- Arlington County
- Fairfax County
- Loudoun County
- Prince William County

Region 2000 – Central Virginia MPO – (434) 845-3491

- Lynchburg
- Part of Amherst County
- Part of Bedford County
- Part of Campbell County

Richmond MPO – (804) 323-2033

- Richmond
- Ashland
- Hanover County
- Henrico County
- Most of Chesterfield County
- Part of Charles City County
- Part of Goochland County
- Part of New Kent County
- Part of Powhatan County

Roanoke Valley Area MPO – (540) 343-4417

- Roanoke
- Salem

- Vinton
- Part of Botetourt County
- Part of Roanoke County
- Part of Bedford County
- Part of Montgomery County

Staunton Augusta Waynesboro MPO – (540) 885-5174

- Staunton
- Augusta County
- Waynesboro

Tri-Cities MPO – (804) 861-1666

- Colonial Heights
- Hopewell
- Petersburg
- Part of Chesterfield County
- Part of Dinwiddie County
- Part of Prince George County

Winchester-Frederick MPO – (540) 636-8800

- Winchester
- Part of Frederick County

Transportation Management Areas

MAP-21 legislation requires that a portion of the annual Transportation Alternatives Program (TAP) allocation be sub-allocated based on population with projects selected by the MPO's in large urbanized areas referred to as Transportation Management Areas (TMA's). The TMA's are made up of MPO areas with a population greater than 200,000. Below is a list of the four TMA's in Virginia:

**Washington DC Area Council of Governments (COG) TMA - National Capital Region
Transportation Planning Board**

- Alexandria
- Fairfax
- Falls Church
- Manassas
- Manassas Park
- Arlington County
- Fairfax County
- Loudoun County
- Prince William County
- Part of Stafford County

Hampton Roads TMA

- Chesapeake
- Hampton

- Newport News
- Norfolk
- Portsmouth
- Poquoson
- Suffolk
- Virginia Beach
- Williamsburg
- James City County
- York County
- Part of Gloucester County
- Part of Isle of Wight County

Richmond TMA

- Richmond
- Ashland
- Hanover County
- Henrico County
- Most of Chesterfield County
- Part of Charles City County
- Part of Goochland County
- Part of New Kent County
- Part of Powhatan County
- Colonial Heights

Roanoke TMA

- Roanoke
- Salem
- Vinton
- Part of Botetourt County
- Part of Roanoke County
- Part of Bedford County
- Part of Montgomery County